

# **INSIDE THE CIRCLE:**

## **A PROVEN METHOD FOR A SUCCESSFUL MARCHING BAND**

*By Matt and Ben Harloff*

**BRASS CHAPTER**

**TROMBONE/BARITONE PART**

*2nd Edition*

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# Tone Development

## Foghorn

♩ = 72-120

Musical notation for the Foghorn exercise, consisting of four staves in 4/4 time. The first staff begins with a whole note G2. The second staff contains a half note G2, a whole rest, and a half note G2. The third staff contains a quarter note G2, quarter note F2, quarter note E2, quarter note D2, a whole rest, quarter note D2, quarter note E2, quarter note F2, quarter note G2, and a whole rest. The fourth staff contains eighth notes G2, A2, B2, C3, D3, E3, F3, G3, a whole rest, eighth notes G3, F3, E3, D3, C3, B2, A2, G2, and a whole note G2.

## Flow Exercise A

♩ = 92-108

Musical notation for Flow Exercise A, consisting of 13 numbered staves. Each staff contains a melodic line with a slur and a triplet of eighth notes. The exercises progress through various keys and intervals. #1: G2, A2, B2, C3, D3, E3, F3, G3. #2: G#2, A#2, B#2, C#3, D#3, E#3, F#3, G#3. #3: G2, A2, B2, C3, D3, E3, F3, G3. #4: G#2, A#2, B#2, C#3, D#3, E#3, F#3, G#3. #5: G2, A2, B2, C3, D3, E3, F3, G3. #6: G2, A2, B2, C3, D3, E3, F3, G3. #7: G2, A2, B2, C3, D3, E3, F3, G3. #8: G2, A2, B2, C3, D3, E3, F3, G3. #9: G#2, A#2, B#2, C#3, D#3, E#3, F#3, G#3. #10: G2, A2, B2, C3, D3, E3, F3, G3. #11: G2, A2, B2, C3, D3, E3, F3, G3. #12: G2, A2, B2, C3, D3, E3, F3, G3. #13: G2, A2, B2, C3, D3, E3, F3, G3.

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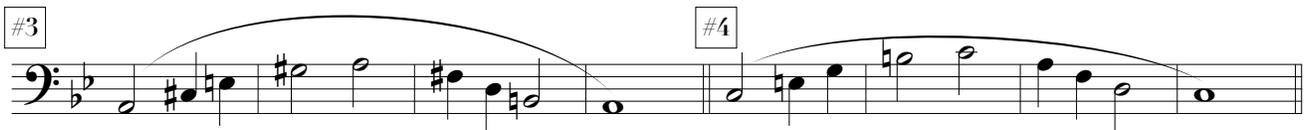
Tone Development

Flow Exercise B

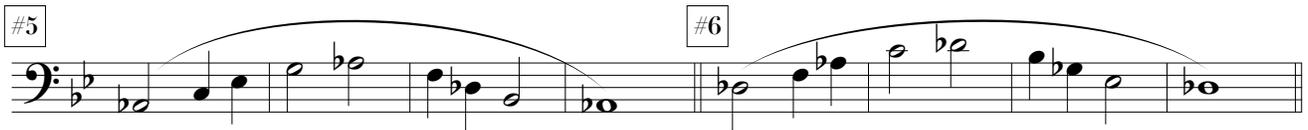
#1  $\text{♩} = 72-108$  #2



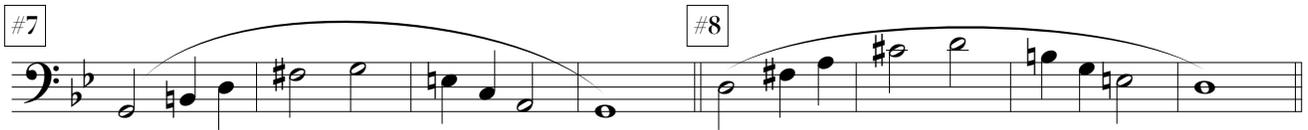
#3 #4



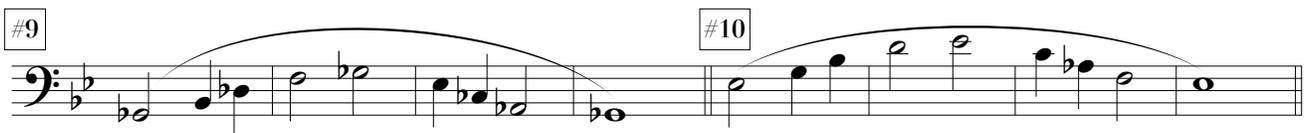
#5 #6



#7 #8



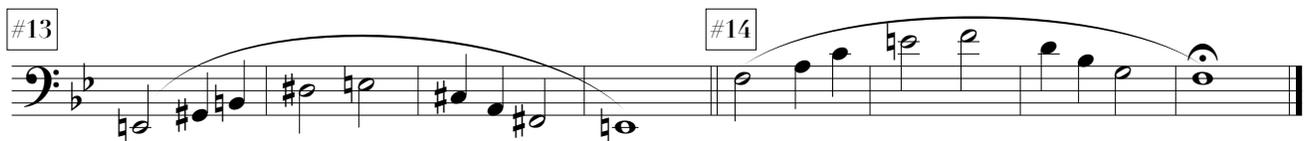
#9 #10



#11 #12



#13 #14



# Embouchure Development

## Bending Exercise A

♩ = 72-108      no valve/slide

## Bending Exercise B

♩ = 72-108      no valve/slide

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**Embouchure Development**

**Pedal Exercise**

♩ = 72-100

The musical score consists of four staves of music in bass clef with a key signature of two flats (B-flat and E-flat). The tempo is marked as quarter note = 72-100. The exercise is a pedal exercise, characterized by long, sweeping lines and slurs. The first staff begins with a quarter note on G2, followed by a half note on F2, and a quarter note on E2, all slurred together. This is followed by a quarter rest, then a quarter note on D2, a half note on C2, and a quarter note on B1, also slurred together. The second staff continues this pattern, starting with a quarter note on B1, a half note on A1, and a quarter note on G1, slurred together, followed by a quarter rest, then a quarter note on F1, a half note on E1, and a quarter note on D1, slurred together. The third staff starts with a quarter note on C1, a half note on B1, and a quarter note on A1, slurred together, followed by a quarter rest, then a quarter note on G1, a half note on F1, and a quarter note on E1, slurred together. The fourth staff begins with a quarter note on D1, a half note on C1, and a quarter note on B1, slurred together, followed by a quarter rest, then a quarter note on A1, a half note on G1, and a quarter note on F1, slurred together. The piece concludes with a double bar line.

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# Flexibility Exercises

## Flex/Blowing Straight: Low Bb

♩ = 92-120

This exercise consists of seven staves of music in bass clef, 4/4 time, with a key signature of two flats (Bb and Eb). The tempo is marked as ♩ = 92-120. Each staff contains a sequence of eighth and quarter notes, with some notes beamed together. The notes are primarily in the lower register, consistent with the 'Low Bb' instruction. The exercise is divided into two main sections by a large brace: the first section covers the first four staves, and the second section covers the last three staves. The notation includes various rhythmic patterns and intervals designed to improve flexibility and control.

## Flex/Blowing Straight: F

♩ = 92-120

This exercise consists of three staves of music in bass clef, 4/4 time, with a key signature of one flat (F). The tempo is marked as ♩ = 92-120. Each staff contains a sequence of eighth and quarter notes, with some notes beamed together. The notes are primarily in the lower register, consistent with the 'F' instruction. The exercise is divided into two main sections by a large brace: the first section covers the first two staves, and the second section covers the last one staff. The notation includes various rhythmic patterns and intervals designed to improve flexibility and control.

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Flexibility Exercises

Four staves of flexibility exercises in bass clef, 2/4 time, key of Bb. Each staff contains a sequence of eighth notes with various accidentals and slurs.

**Flex/Blowing Straight: Middle Bb**

♩ = 92-120

Eight staves of flexibility exercises in bass clef, 2/4 time, key of Bb. Each staff contains a sequence of eighth notes with various accidentals and slurs.

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Flexibility Exercises

Scale/Flex

#1  $\text{♩} = 72-120$

#2

#3

#4

#5

#6

#7

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Flexibility Exercises

#8

Exercise #8: Bass clef, one flat key signature. The exercise consists of a single line of music with a slur over the entire phrase. It contains 16 groups of eighth notes, each marked with a '3' below it, indicating a triplet. The notes ascend and then descend across the staff.

#9

Exercise #9: Bass clef, two flats key signature. The exercise consists of a single line of music with a slur over the entire phrase. It contains 16 groups of eighth notes, each marked with a '3' below it, indicating a triplet. The notes ascend and then descend across the staff.

#10

Exercise #10: Bass clef, one sharp key signature. The exercise consists of a single line of music with a slur over the entire phrase. It contains 16 groups of eighth notes, each marked with a '3' below it, indicating a triplet. The notes ascend and then descend across the staff.

#11

Exercise #11: Bass clef, two flats key signature. The exercise consists of a single line of music with a slur over the entire phrase. It contains 16 groups of eighth notes, each marked with a '3' below it, indicating a triplet. The notes ascend and then descend across the staff.

#12

Exercise #12: Bass clef, two sharps key signature. The exercise consists of a single line of music with a slur over the entire phrase. It contains 16 groups of eighth notes, each marked with a '3' below it, indicating a triplet. The notes ascend and then descend across the staff.

#13

Exercise #13: Bass clef, one flat key signature. The exercise consists of a single line of music with a slur over the entire phrase. It contains 16 groups of eighth notes, each marked with a '3' below it, indicating a triplet. The notes ascend and then descend across the staff.

# Multiple Tonguing

## Back of the Tongue

♩ = 90-120

Musical notation for the 'Back of the Tongue' exercise. It consists of four staves of music in bass clef, 4/4 time, with a key signature of one flat (Bb). The tempo is marked as ♩ = 90-120. The exercise features multiple tonguing of eighth notes. The first three staves show a sequence of eighth notes with accents (^) above them, followed by a rest. The fourth staff shows a sequence of eighth notes with accents, followed by a rest and a final chord marked with a fermata (⌣) and a circled 'v'.

## Double Tongue

♩ = 112-160

Musical notation for the 'Double Tongue' exercise. It consists of four staves of music in bass clef, 4/4 time, with a key signature of one flat (Bb). The tempo is marked as ♩ = 112-160. The exercise features double tonguing of eighth notes. The first three staves show a sequence of eighth notes with double tonguing marks (two horizontal lines) above them, followed by a rest. The fourth staff shows a sequence of eighth notes with double tonguing marks, followed by a rest and a final chord marked with a fermata (⌣) and a circled 'v'.

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Multiple Tonguing

**Triple Tongue**

♩ = 72-120

The musical score consists of four staves of music in bass clef with a key signature of one flat (B-flat). The tempo is marked as ♩ = 72-120. The exercise is titled "Triple Tongue" and features a series of eighth-note triplets. Each triplet is marked with a "3" below it. The first three staves each contain six measures of music, with the first two measures of each staff having a fermata over the final note. The fourth staff contains four measures of music, with the first two measures having a fermata over the final note and the final measure ending with a double bar line. The notes in the triplets are: Staff 1: G2, F2, E2; Staff 2: D2, C2, B1; Staff 3: B1, A1, G1; Staff 4: F1, E1, D1.

# Fingering Exercises

## Fingering Exercise A

#1  $\text{♩} = 88-132$

#2

#3

#4

#5

#6

#7

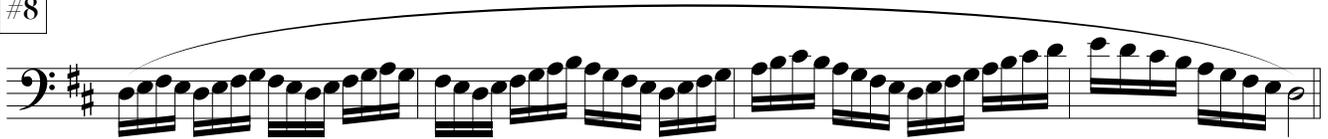
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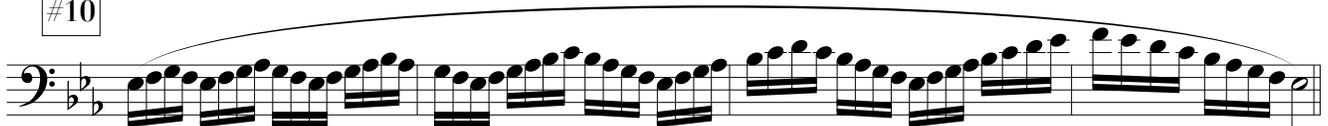
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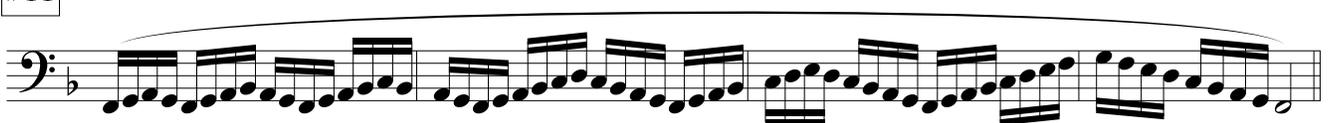
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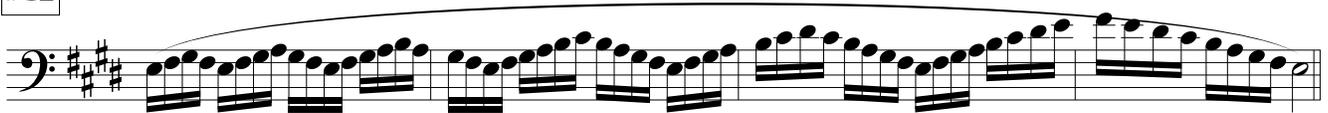
#10



#11



#12



#13



#14



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Fingering Exercise B

Fingering Exercises

#1  $\text{♩} = 72-108$  #2

#3 #4

#5 #6

#7 #8

#9 #10

#11 #12

#13 #14

#15 #16

#17 #18

#19 #20

#21

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Fingering Exercises

Chromatic Exercise

#1  $\text{♩} = 60-132$

3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3

#2

3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3

#3

3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3

#4

3 3 3 3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3 3 3 3

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Fingering Exercises

#5

#6

#7

#8

# Range Building

## Range Building Exercise A

Musical score for Range Building Exercise A, Trombone/Baritone Part. The score is in 4/4 time with a tempo of 92-120. It consists of four staves of music. The first staff begins with a tempo marking of ♩ = 92-120. The music features a series of eighth-note runs, each phrase starting with a quarter rest followed by a half note. The first two phrases are in the key of B-flat major, while the second two phrases are in the key of D-flat major. The exercise concludes with a final half note on the fourth staff.

## Range Building Exercise B

Musical score for Range Building Exercise B, Trombone/Baritone Part. The score is in 4/4 time with a tempo of 92-120. It consists of four staves of music. The first staff begins with a tempo marking of ♩ = 92-120. The music features a series of eighth-note runs, each phrase starting with a quarter rest followed by a half note. The first two phrases are in the key of B-flat major, while the second two phrases are in the key of D-flat major. The exercise concludes with a final half note on the fourth staff.