

# **INSIDE THE CIRCLE:**

## **A PROVEN METHOD FOR A SUCCESSFUL MARCHING BAND**

*By Matt and Ben Harloff*

**BRASS CHAPTER**

**TROMBONE/BARITONE PART**

*2nd Edition*

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# Tone Development

**Foghorn**

♩ = 72-120

Four staves of musical notation for the Foghorn exercise. The first staff shows a 4/4 time signature and a key signature of two flats. The notation includes whole notes, rests, and eighth-note patterns.

**Flow Exercise A**

♩ = 92-108

Thirteen numbered musical exercises (#1 to #13) for Flow Exercise A. Each exercise is on a single staff and features a melodic line with triplets and slurs. The exercises vary in key signature and melodic contour.

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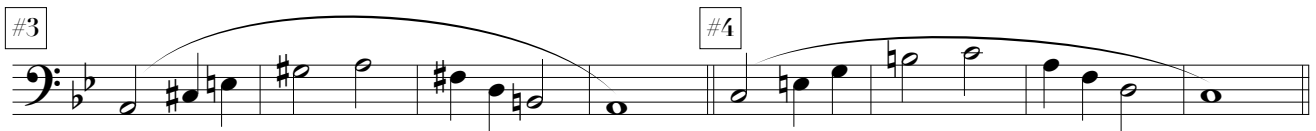
**Tone Development**

**Flow Exercise B**

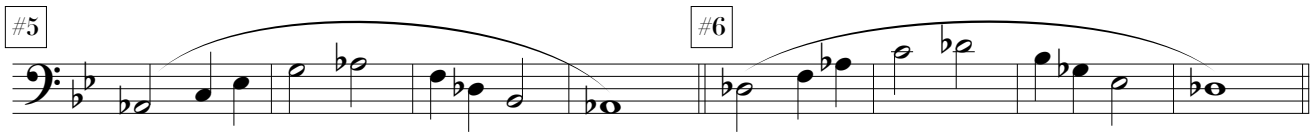
#1  $\text{♩} = 72-108$  #2



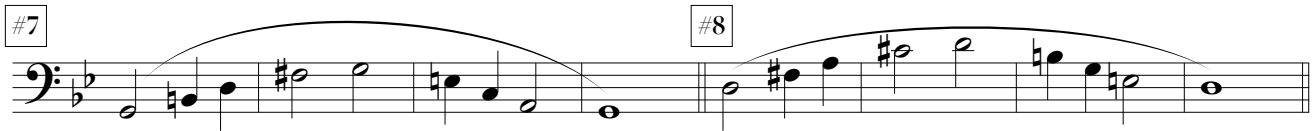
#3 #4



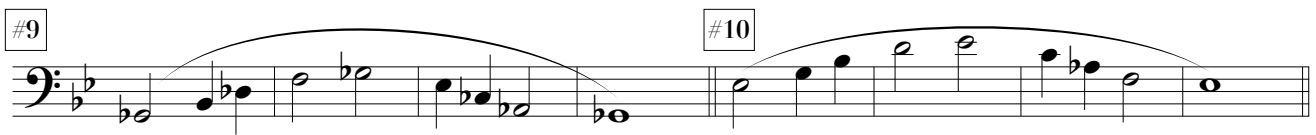
#5 #6



#7 #8



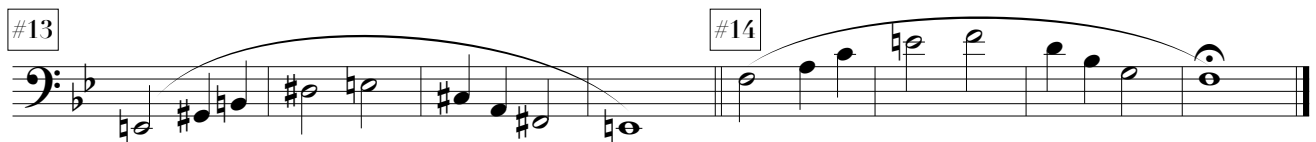
#9 #10



#11 #12



#13 #14



# Embouchure Development

## Bending Exercise A

♩ = 72-108      no valve/slide

## Bending Exercise B

♩ = 72-108      no valve/slide

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**Embouchure Development**

**Pedal Exercise**

♩ = 72-100

The musical score consists of four staves of music in bass clef with a key signature of two flats (B-flat and E-flat). The first staff begins with a tempo marking of ♩ = 72-100. The exercise is a continuous melodic line with a descending contour. The first staff contains the first 12 measures, the second and third staves contain the next 12 measures each, and the fourth staff contains the final 12 measures. The melody starts on a whole note G2, descends through half notes F2, E2, D2, C2, B1, and A1, ending on a whole note G1. The piece concludes with a double bar line.

## Flexibility Exercises

### Flex/Blowing Straight: Low Bb

♩ = 92-120

Seven staves of musical notation for the 'Flex/Blowing Straight: Low Bb' exercise. Each staff begins with a bass clef, a key signature of two flats (Bb and Eb), and a 4/4 time signature. The notation consists of eighth-note patterns with various accidentals (sharps, flats, naturals) and rests, designed for flexibility training. The exercise is divided into seven measures, each ending with a quarter rest.

### Flex/Blowing Straight: F

♩ = 92-120

Three staves of musical notation for the 'Flex/Blowing Straight: F' exercise. Each staff begins with a bass clef, a key signature of one flat (Bb), and a 4/4 time signature. The notation consists of eighth-note patterns with various accidentals (sharps, flats, naturals) and rests, designed for flexibility training. The exercise is divided into three measures, each ending with a quarter rest.

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Flexibility Exercises

Four staves of flexibility exercises in bass clef, 2/4 time, key of Bb. Each staff contains a sequence of eighth notes with various accidentals and slurs.

**Flex/Blowing Straight: Middle Bb**

♩ = 92-120

Eight staves of flexibility exercises in bass clef, 2/4 time, key of Bb. Each staff contains a sequence of eighth notes with various accidentals and slurs.



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Flexibility Exercises

Scale/Flex

#1  $\text{♩} = 72-120$

#2

#3

#4

#5

#6

#7

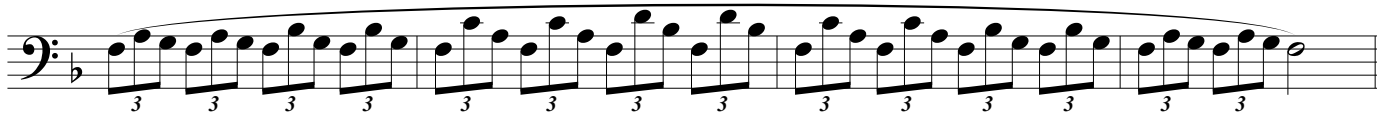
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Flexibility Exercises

#8



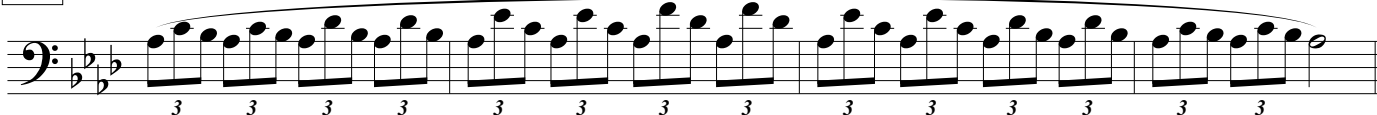
#9



#10



#11



#12



#13



# Multiple Tonguing

## Back of the Tongue

♩ = 90-120

Musical notation for the 'Back of the Tongue' exercise. It consists of four staves of music in bass clef, 4/4 time, with a key signature of one flat (Bb). The tempo is marked as ♩ = 90-120. The exercise features multiple tonguing of eighth notes. The first staff has a tempo marking. The second and third staves have a key signature change to two flats (Bb and Eb) in the second measure. The fourth staff ends with a fermata over a whole note chord.

## Double Tongue

♩ = 112-160

Musical notation for the 'Double Tongue' exercise. It consists of four staves of music in bass clef, 4/4 time, with a key signature of one flat (Bb). The tempo is marked as ♩ = 112-160. The exercise features double tonguing of eighth notes. The first staff has a tempo marking. The second and third staves have a key signature change to two flats (Bb and Eb) in the second measure. The fourth staff ends with a fermata over a whole note chord.

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Multiple Tonguing

**Triple Tongue**


♩ = 72-120

The musical score consists of four staves of music in bass clef with a key signature of one flat (B-flat). The tempo is marked as ♩ = 72-120. The exercise is titled "Triple Tongue" and features a series of eighth-note triplets. Each triplet is marked with a "3" below it. The first three staves each contain six measures of music, with the first two measures of each staff having a fermata over the final note. The fourth staff contains four measures, with the first two having a fermata and the final measure ending with a double bar line. The notes in the triplets are: Staff 1: G2, F2, E2; Staff 2: D2, C2, B1; Staff 3: A1, G1, F1; Staff 4: E1, D1, C1.


# Fingering Exercises

## Fingering Exercise A

#1  $\text{♩} = 88-132$



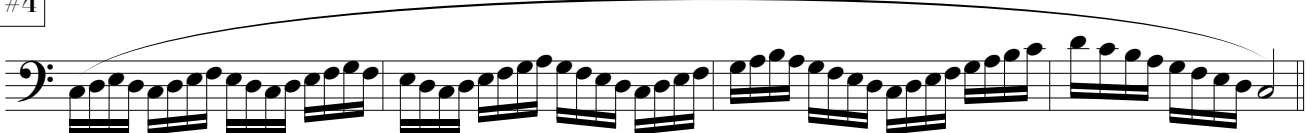
#2



#3



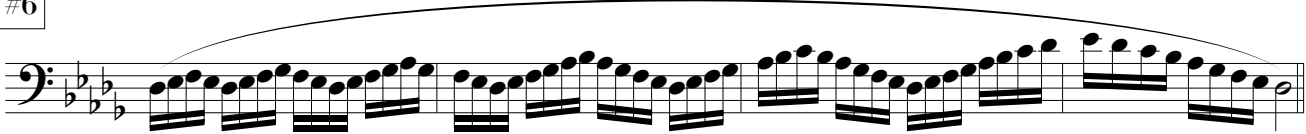
#4



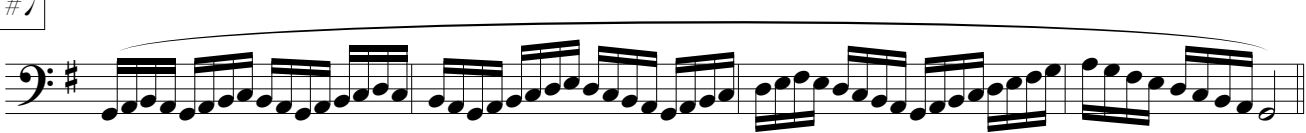
#5



#6



#7



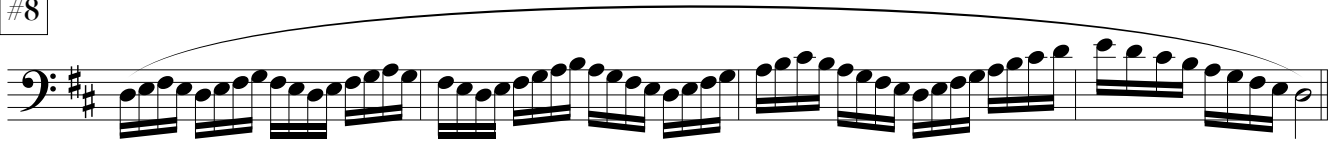
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Fingering Exercises

#8



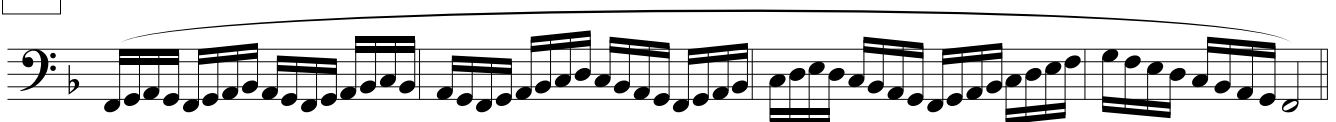
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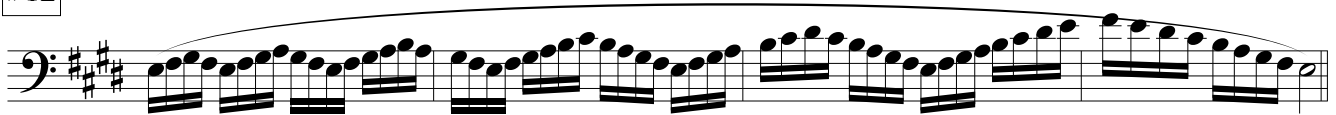
#10



#11



#12



#13



#14



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Fingering Exercise B

Fingering Exercises

#1  $\text{♩} = 72-108$  #2

#3 #4

#5 #6

#7 #8

#9 #10

#11 #12

#13 #14

#15 #16

#17 #18

#19 #20

#21

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Fingering Exercises

**Chromatic Exercise**

#1  $\text{♩} = 60-132$

#2

#3

#4



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Fingering Exercises

#5

Exercise #5 consists of two staves of music in bass clef with a key signature of one flat. The first staff contains a sequence of eighth notes with triplet markings (3) and a slur over the entire line. The second staff continues the sequence with similar triplet markings and a slur, ending with a whole note.

#6

Exercise #6 consists of two staves of music in bass clef with a key signature of one flat. The first staff contains a sequence of eighth notes with triplet markings (3) and a slur over the entire line. The second staff continues the sequence with similar triplet markings and a slur, ending with a whole note.

#7

Exercise #7 consists of two staves of music in bass clef with a key signature of one flat. The first staff contains a sequence of eighth notes with triplet markings (3) and a slur over the entire line. The second staff continues the sequence with similar triplet markings and a slur, ending with a whole note.

#8

Exercise #8 consists of two staves of music in bass clef with a key signature of one flat. The first staff contains a sequence of eighth notes with triplet markings (3) and a slur over the entire line. The second staff continues the sequence with similar triplet markings and a slur, ending with a whole note.

# Range Building

## Range Building Exercise A

Musical score for Range Building Exercise A, Trombone/Baritone Part. The score is written in bass clef, 4/4 time, and B-flat major. It consists of four staves. The tempo is marked as ♩ = 92-120. The exercise features a series of ascending and descending eighth-note runs, with some measures containing slurs and ties. The first staff includes a tempo marking of ♩ = 92-120. The exercise concludes with a final whole note chord on the fourth staff.

## Range Building Exercise B

Musical score for Range Building Exercise B, Trombone/Baritone Part. The score is written in bass clef, 4/4 time, and B-flat major. It consists of four staves. The tempo is marked as ♩ = 92-120. The exercise features a series of ascending and descending eighth-note runs, with some measures containing slurs and ties. The first staff includes a tempo marking of ♩ = 92-120. The exercise concludes with a final whole note chord on the fourth staff.